

The Next Chapter

Writing a Story That You Will Be Proud to Tell
2021-2022 School Year

3rd-12th Grade Outline

(3rd-5th Grade program is 45 minutes / 6th-12th Grade program is 60 minutes)

Portions of the program will be omitted if less time is permitted.

Introduction / Dreams and Goals

We write the story of our lives with the choices we make each day. If we find ourselves in a difficult chapter, we will eventually turn the page and begin a new chapter.

Students hear true stories of famous people who overcame the challenges of bullying.

Write a Better Story

Students will see that each of them is in the midst of writing a chapter in the story of their lives.

What will your story be? Write a story you'll be proud to tell.

Revealing the Characters in the Story

Students will see a short video clip to demonstrate the role that each character plays in the story.

7th - 12th grade students see a clip from the blockbuster movie, *The Amazing Spiderman*, while 3rd – 6th grade students see clips from the movie *Wonder*.

- Bystanders may feel compelled to help but may also fear getting involved.
- The person being bullied is repeatedly hurt - physically or verbally in person or by cyberbullying.
- The person who chooses to bully thinks that they are in some way more powerful than the other person.
- Up-Standers take action to stop the bullying. Standing up does not mean fighting. Up-standers get involved by telling the person to stop and by getting help from an adult.

Internet Safety

Through an object lesson, 3rd – 8th graders learn how easy it is to be deceived by people they meet online.

It's important not to provide pictures/videos or agree to meet someone you've met online.

Tell your parents or a trusted adult if anything makes you feel uncomfortable.

If you have been the target of cyberbullying: 1.) Block communication. 2.) Talk to your parents or school counselor. 3.) Never post private information

How to Become an Up-Stander

Through video clips and true stories, students will see how Up-Standers have transformed their schools and the lives of individuals.

Students learn practical ways to gain confidence and demonstrate compassion as they become Up-Standers.

Radical Acts of Kindness

"Radical" acts of kindness are deliberate and directed for a specific purpose and person.

Students are encouraged to become "someone who cares" and make a positive difference in someone else's life.

Survey

Start writing this chapter of your life in a way others will be glad to know you, and in a way that you will be proud to tell.

A voluntary, anonymous survey is offered to students. Response averages/comments are sent to the school.