

Taking a Stand against Bullying ***Parent Education Seminar***

Sticks and stones... and names all hurt! Bullying is a major challenge on elementary and secondary campuses. Bullying negatively impacts the physical, emotional and social health of those who are bullied, those who bully and those who are the “bystanders”. This informative and inspirational session explores the causes of bullying and identifies creative prevention and effective intervention strategies.

Introduction

To help the common man, it is best to help him before he becomes a man. Focus less on who they are, and more on who they are becoming. It is easier to direct, than to correct. Fundamental emotional and relational needs and how parents can meet them.

The problem of bullying

Bullying is unwanted, aggressive behavior that involves a real or perceived power imbalance. The behavior is repeated or has the potential to be repeated. Statistics are shared about bullying, emotional health and suicide.

David’s Law (Passed in Texas in 2017)

A video is shown with the story of David Molak told by his parents- who share their hope to help others with their message.

Texas Senate Bill 179 requires schools to set policies against bullying and includes cyberbullying as it impacts the school learning environment.

The impact of bullying

Boys and girls tend to bully in different ways- boys more physical, girls more emotional.

The impact on physical, mental and emotional health for those who are bullied, those who bully and those who are watching is discussed.

Avoid using labels- like bully or victim. Focus on the behavior choice.

There are often warning signs if a student is being bullied.

What can we do?

Prevention strategies: Correct disrespect, Discover differences, Encourage empathy, and Bring up Up-Standers.

Help children do “radical” acts of kindness for others in need.

Effective parenting styles to promote parent connectedness are explored.

Connected children are protected children! School connectedness is emphasized.

Help children write a story they’ll be proud to tell.