



## STAFF DEVELOPMENT/ IN-SERVICE SEMINARS

### Sample Topics and Formats

#### Teens, Technology, Sexting and Pornography

*2 ½ hour session*

The content of this session will focus on the impact technology, sexting and pornography are having on the physical, emotional and social health of our youth. A discussion of basic human needs and how they relate to decision-making and risk-taking will set the foundation for the session. Participants will learn practical ways to help students develop healthy relationships based on love, respect and trust. Healthy “tech tips” will be shared that can help students make positive decisions. Information will be presented on helping teens overcome addiction, specifically with regards to technology and pornography. Pornography has become “The New Sex Education,” and without both the information and support needed to counteract its dangerous lies, young people will continue to be at great risk. The impact of parent-child connectedness and school connectedness will also be presented with practical ways school administrators and staff can help.

#### Taking a Stand against Bullying

*2 ½ hour session*

Bullying is a serious problem in most schools, at most grade levels. School staff play an important role in bullying prevention and intervention on their campuses. This session will present ways to help promote empathy and understanding, and prevent disrespect and bullying among students and parents. Interactive discussion will allow participants to learn and apply the practical educational strategies shared. TEKS-required topics will be presented including: impact on victim and bullies, being assertive without being aggressive, seriousness of forms of bullying, and ways to show disapproval of bullying. Young elementary students can become “Super Friends with Super Powers,” and older students become “Empowered to Defend”-as they move from being bystanders to becoming defenders. Practical ways to help students “write a better story” will be shared. Parent involvement strategies will be explored, as well as campus-based initiatives for bullying prevention.

All training sessions will be presented by **Lori Kuykendall, Executive Director of Aim for Success, Inc.** Ms. Kuykendall earned a B.S. in Community Health Education from Texas A&M University. Aim for Success is a non-profit youth health education organization that has served over 2.5 million students, parents and educators since 1993. Aim for Success is a registered provider of CEUs for professional counselors (LPCs) and social workers in the State of Texas.

**PROGRAM COST:** TBD, based upon final topics/schedule/travel (if applicable)